



# Snapchat

## How to Make Snapchat Safer

### 1. Set the Account to Private

- Open Snapchat
- Tap the profile icon
- Tap the gear icon (Settings) in the top-right

Scroll to Privacy Controls and adjust the following:

- Contact Me → My Friends
- View My Story → My Friends or Custom
- Send Me Notifications → My Friends
- See Me in Quick Add → Turn Off

### 2. Disable Location Sharing (Snap Map)

- Open Snapchat and pinch the screen to open Snap Map
- Tap the gear icon (top right)
- Enable Ghost Mode
- Optional: Set Ghost Mode to 'Always'
- Alternatively, set 'Who Can See My Location?' to 'Only Me'

### 3. Limit 'Discover' Content

Snapchat's 'Discover' tab can show mature content. Currently, there's no built-in filter, but you can:

- Use third-party tools to monitor or restrict content
- On iPhones: Use Screen Time → Content Restrictions → Limit Adult Content in Safari
- Educate your child to avoid swiping into 'Discover'

### 4. Monitor Messages and Friend Requests

- Turn **off** Friend Suggestions (Settings → See Me in Quick Add → Off)
- Periodically review Friends List with your child (Profile → My Friends)
- Check for excessive chatting or Snap streaks (this can become obsessive for children and is an unhealthy habit)

### 5. Enable Snapchat Family Center (Optional)

Snapchat's Family Center allows basic monitoring:

- Download Snapchat on your own device and log in
- Go to Bitmoji → Settings → Family Center
- Send an invite to your child

Once accepted, you can:

- View their friends list
- See who they've chatted with in the last 7 days

- Report abuse (Note: You won't see message content)

## 6. Set App Time Limits

- On iPhone: Settings > Screen Time > App Limits → Add Snapchat (e.g., 1 hour/day)
- On Android: Digital Wellbeing > Dashboard > Snapchat > Set Timer
- Use parental control apps like Qustodio

